

### **Psychotherapist and Behavioral Analyst**

Dynamic and empathic professional, offering a solid commitment to the needs and goals of clients. Highly credentialed; holds a Master of Social Work degree, Board Certified Behavior Analyst credential, Adoption Competent training, and Eye Movement Desensitization Levels training. Dedicated to contributing to the lives of others and influencing change; fosters relationships to support growth and develops customized plans which meet client requirements. Creates multidisciplinary approaches to improve care. Offers 20+ years of industry experience.

Adoption | Trauma | Mood Disorders | Oppositional Defiant Behavior | Workplace Stressors  
Relationship Stressors and Challenges, including Infidelity | Parenting | Behavioral Changes

### **PROFESSIONAL EXPERIENCE**

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<b>Psychotherapist / Behavior Analyst - Owner</b> Collaborative Therapeutic Services, LLC	2006 - Present Tampa, Florida
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Launched and direct the operations of the mental health practice which expanded to 2 locations throughout the Tampa Bay area; lead talent acquisition initiatives, spearhead strategic marketing campaigns, deliver expert-level client services and support, manage the financial / administrative tasks, and ensures compliance.

- Deliver psychotherapy and behavior analysis to individuals, couples, and families with an emphasis on Asperger's, ADHD, mood disorders, oppositional defiance / disruptive behavior, foster / adoption issues, and trauma informed care; develop multi-disciplinary treatment plans to support client needs
- Fosters partnerships with organizations throughout the community to organize resources for clients
- Provide influential leadership, coaching, and mentorship to 6 employees and facilitate new training programs to maximize the potential of teams; fosters a positive environment and increases retention

<b>School Social Worker</b> Hillsborough County School Board	1997 - 2013 Tampa, Florida
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Served as an instrumental member of the Truancy Intake Center; worked closely with school-aged truant students, assessed psychosocial factors contributing to behaviors, and coordinated resources / interventions in collaboration with school Principals. Communicated with parents to provide recommendations or referrals.

- Provided in-school counseling and social support; gathered social development histories, presented recommendations for all potential and existing exceptional education studies, and delivered training
- Developed and implemented attendance incentive programs to improve the behavior / attendance of truant students; stimulated student interests in education and increase student engagement rates

<b>Therapeutic Foster Parent</b> Hillsborough Kids, Inc.	2001 - 2005 Tampa, Florida
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Led intensive behavioral management sessions with adolescents presenting a wide-range of mental health issues; cared for up to 3 adolescents. Balanced the needs of the adolescents and provided ongoing support, counseling, and guidance to increase self-confidence, interests, academic performance, and social strengths.

- Incorporated service dogs through Kids and Canines, horseback riding, and volunteerism to provide therapeutic assistance to the adolescents; coordinated resources and referrals within the community
- Fostered a supportive, caring, trusting, and positive environment and strengthened overall abilities; provided ongoing counseling and mental health support and influence the development of the teens

**Care Manager / Contracted Outpatient Family Therapist**  
Brockton Area Multi Services, Inc.

2003 - 2004  
Brockton, Massachusetts

Coordinated wrap-around services to reunify / maintain the family unit and successfully reduce the frequency of psychiatric hospitalizations of children. Planned, coordinated, and led monthly meetings with community providers and delegated daily assignments; encourage participation among all cross-functional professionals.

- Established positive and trusting relationships with families and created a positive environment to drive results and achieve goals; formulate individual plans for each family and monitored progression
- Managed all resources and services and effectively allocated funds to ensure services were provided to clients and budgets were maintained; coordinated resources and referrals within the communities

#### **Volunteerism and Community Affiliations**

- Site Co-Director and Public Relations, Global Education for the 21<sup>st</sup> Century (Jamaica)
- Field Evaluator / Puppy Sitter / Raiser, Kids and Canines Service Dog Training Program

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### **EDUCATION AND CREDENTIALS**

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**Master of Social Work degree – Advanced Standing**  
Fordham University – Master’s (MSW) completed

**Bachelor of Science in Social Work and Psychology**  
College of New Rochelle – BS degree completed

**Professional Certifications / Training:** Licensed Clinical Social Worker (LCSW), State of Florida #SW7870 | Board Certified Behavior Analyst | Board 491 Qualified Supervisor | Professional Educators Certificate, State of Florida #785820 | Adoption Competency for Professionals Working with Children in Foster Care | Gottman Method Couple Therapy – Trained Level I and II | Eye Movement Desensitization Reprocessing (EMDR) Training, Levels I & II

#### **Professional Affiliations and Memberships**

- National Association of Social Workers of Florida, Member

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### **PRESENTATIONS**

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- August 2008     ***Why Behavior Occurs and What to do about it!***  
Sylvia Thomas Center for Pre and Post Adoptive Families
- May 2010        ***Effectively Redirecting Explosive/ Inflexible Children and Adolescents***  
Co-Presenter, NASW Chapter Meeting, Tampa FL  
3 Hours, CEU’s
- June 2010       ***Effectively Redirecting Explosive / Inflexible Children and Adolescents***  
Co-Presenter, NASW Annual Conference, Ft. Lauderdale FL  
3 Hours, CEU’s
- Nov. 2010       ***The 4 Functions of Behavior: Why it Pays to Misbehave***  
University of South Florida Social Work Students, Professor Marjorie Carlson  
1.5 Hours
- Nov. 2010       ***The 4 Functions of Behavior: Why it Pays to Misbehave***  
2 Part series to faculty at Mary Bryant Elementary School, Tampa FL  
2 Hours In-service
- June 2011       ***The 4 Functions of Behavior: Why Behavior Occurs and How to Elicit Change***  
Presenter NASW Annual Conference, Tampa FL  
3 Hours, CEU’s